

PASSIONATE ABOUT THE POWER OF COMMUNITIES

Tempo Time Credits help more people give time to their community and be recognised for it.

Tempo Time Credits is a charity, everything we and our volunteers do is to achieve our charitable aims and objectives. Tempo Time Credits are a form of time banking where individuals receive Tempo Time Credits for their time spent volunteering. Tempo Time Credits are not a currency they are recognition for volunteers valuable contribution. They can use their Tempo Time Credits with our national and local network of recognition partners for days out at local and national attractions, gym classes and a range of other activities or on vouchers for shopping and entertainment on our new online platform.

IN NUMBERS

50,000+

People have earned Tempo Time Credits to date

More than

1,000,000

Tempo Time Credits earned across England and Wales

1500+

Partner organisations in our networks

Over

100,000+

Tempo Time Credits used

TEMPO TIME CREDITS

- Support volunteer recruitment
- Grow cross-sector networks
- Develop more co-produced services
- Increase individual well-being
- Up-skill individuals and improve future prospects
- Build community capacity

“Tempo Time Credits have mobilised whole new groups of people to get involved in their communities & given housing staff a tool that they can use to develop the whole community.”

City of London Corporation



WE PROVIDE TEMPO TIME CREDITS TO VOLUNTEERS AND IMPROVE LIVES.

Our award-winning work in health, communities and resilience has been endorsed by the Department for Digital, Culture, Media and Sport (DCMS), the New Economics Foundation and the University of Cambridge.

Independent evaluation of the impact of Tempo Time Credits for individuals and communities has shown consistent positive outcomes. Read our most recent impact report [here](#).

THE IMPACT



report improved quality of life



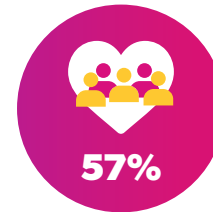
never or rarely gave time before earning Time Credits



feel more able to contribute to the community and other people



can afford to do more things



have developed new friends and acquaintances



shared their skills with others



feel less isolated and lonely



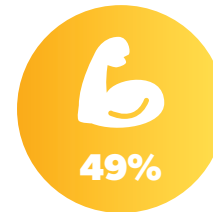
report improved mental health



established a new community group or project



know more about community based services and support available to them



feel more confident



feel more positive about their future

HOW IT WORKS

Tempo Time Credits operate via a network of participating services, charities, community groups and corporate partners. We support these organisations to develop opportunities to earn and use Tempo Time Credits, embedding asset-based and co-production approaches.

Tempo Time Credits are used on activities offered by hundreds of fantastic recognition partners across England & Wales. There are no geographic limitations (people can earn in Wales and use in London for example) and they can be given to others to use. Visit www.tempotimecredits.org/use for the full range of ways to use Tempo Time Credits.



If you would like to talk to us about developing a Tempo Time Credits programme, please contact: hello@wearetempo.org or call 0208 980 2691